

Department of Home Economics
University of the Punjab, Lahore

Programme	BS Home Economics Semester System (FYDP)	Course Code	HETF-103	Credit Hours	3(1+2)
Course Title	FUNDAMENTALS OF TEXTILES AND CLOTHING				
Course Introduction					
The main objective of this course is to learn the basic techniques to construct a complete garment, from a basic neckline to a complete garment. Learn about the application of textile fibers according to their properties.					
Learning Outcomes					
On the completion of the course, the students will:					
1. Construct a complete garment					
2. Handle common textile fabrics and understand its characteristics					
Course Contents					
Week 1	Introduction To Textile Fiber, Classification of Textile Fibers				
	Introduction to sewing machines and its parts				
Week 2	Study of common natural fibers				
	Machine related problems and its solutions,				
Week 3	Study of common natural fibers				
	Sewing terms				
Week 4	Man-made fibers and Synthetic fibers				
	Basic sewing procedures: Seam with reference to different fabrics Discussion on Project (Kurta and Churidar Pyjama)				
Week 5	Man-made fibers and Synthetic fibers.				
	Basic sewing procedures: Seam finishes with reference to different fabrics Measurements of Kurta and its calculations Quiz on properties of textile fiber 10%				
Week 6	Weaves and its basic types				
	Construction of necklines with shaped facings Drafting of Kurta				
Week 7	Personal Grooming: Definition and Importance, Grooming habits				
	Construction of necklines with bias facings Cutting of Kurta on fabric				
Week 8	Mid Term				

Week 9	Personality: Definition, Fashion personality types	
	Stitching of Kurta	
Week 10	Clothing suitable for different personalities	
	Finishing of Kurta	
Week 11	Types of figures	
	Attachment of buttons	
	Measurements and Calculation of Churidar Pyjama	
Week 12	Values and philosophy of clothing	
	Attachment of zippers	
	Marking of Churidar Pyjama	
Week 13	Consumer Education: Consumer rights, Consumer responsibilities, Consumer Problems	
	Attachment of snap fasteners	
	Cutting of Churidar Pyjama	
Week 14	Advertisements	
	Stitching of Churidar Pyjama	
Week 15	Labels	
	Compilation of Portfolio (Basic Stitching Techniques and Weaves)	
Week 16		

Text Books and Reading Materials

Recommended Books

Berners, L.T., & Fischetti, M. (2008). Weaving the web. Woodhead publishing limited.
 Carol, J. (2001). Textile design. New York: Watson Cliphill Publishers.
 Kadolph, S. J. (2011). Textiles. New Jersey: Prentice Hall.
 Lewis, D. S. (1989). Clothing construction and wardrobe planning. New York: The Macmillan Company.
 Liddell, L. (1991). Clothes and your appearance. South Holland: Good heart will Cox Company.
 Loing, R. (2002). Clothing textile and human performance. New York: Allyn and Balcon Publishers.
 Weber, J. (2008). Clothing: fashion, fabrics & construction. McGraw Hill international.

Teaching Learning Strategies

Lecture-based learning through lectures and presentations.
 Group learning through Group presentations.
 Individual learning- through Quizzes and Assessments